

Easy ways to save energy

It doesn't cost much to use less energy—sometimes, it's free! Even better, you save money on your utility bills!

- Turn off lights, computer, gaming console, TV, radio—any appliance—when you're not using them.
- Unplug chargers when you're not charging your devices—these “vampire loads” draw power even when they aren't attached to a battery.
- Close the refrigerator door quickly after you find your snack.
- Keep doors, windows and curtains closed on very hot and very cold days.
- Dress for the weather.
- Set the thermostat at 78 degrees in the summer. At night, set fans in the windows to cool the house with the outside air. In the winter, set your heat no higher than 68 degrees during the day. At night, you can turn your thermostat down to 60 degrees.
- Seal leaks around windows, doors and heating ducts, both inside and out, with caulk and weatherstripping.
- Air-dry clothes on a line outdoors or in the basement.
- Don't leave the water running while you brush your teeth or wash your face.
- Let your hair dry naturally.
- Walk, ride a bike or take the bus.
- Be creative!

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Websites

to raise your energy IQ

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Energy Hog

<http://www.energyhog.org/childrens.htm>

Kids Saving Energy

http://www1.eere.energy.gov/kids/smart_home.html

Energy Quest

<http://energyquest.ca.gov/index.html>

ENERGY STAR Kids and the Lorax

<http://www.energystar.gov/index.cfm?c=kids.lorax>

EcoKids Energy Activities

http://www.ecokids.ca/pub/games_activities/energy/index.cfm

Get money back on new appliances (for mom and dad):

ENERGY STAR Rebate Finder

http://www.energystar.gov/index.cfm?fuseaction=rebate.rebate_locator

Energy.gov Tax Credits, Rebates and Savings

<http://energy.gov/savings>

Energy Savers Rebates for ENERGY STAR Appliances

<http://www.energysavers.gov/financial/70020.html>

Database of State Incentives for Renewables and Efficiency

[Http://www.dsireusa.org](http://www.dsireusa.org)



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